I followed the steps in the following url <https://aws.amazon.com/blogs/big-data/running-r-on-aws/>

Used default IAM

The script was modified to use RStudio Server 1.1.383 and Shiny Server 1.5.5.872.

I modified the login/password part of the script to create a new user for R

RStudio was successfully run over the internet.

Saved the Image

At this point I am unable to get Shiny running in the right account. My private/public key for access is set to take me to ec2-user, not the user I created for R.